

INSULIN SLIDING SCALE ORDERS

Date/Time	Orders:
	Low dose: recommended for starting point for the thin and elderly.
	Moderate dose: recommended for average weight patient
	High dose: recommended for overweight or infected patients, or if on steroids
	1. Start scale at: (check one) Low dose ____ Mod dose ____ High dose ____
	2. Insulin type: Regular ____ Novalog ____
	3. Route: SQ ____ IV ____
	4. Lab: Blood glucose (check all that apply)
	____ Every ____ Hours
	____ Before meals and at bedtime
	____ PRN signs/symptoms of hypoglycemia
	5. Changes: (check all that apply)
	____ Advance to next higher dose regimen if glucose level is greater than ____ 2 times in 24 hours, and all readings were over 100.
	____ Decrease to lower dose regimen if glucose level is between 60 and 100 twice in 24 hours.
	6. If blood glucose is 60 or below, notify physician, as about D 50%.

INSULIN SLIDING SCALE DOSE

Blood Sugar	Low Dose	Moderate Dose	High dose
60 – 110	No insulin	No insulin	No insulin
111 – 150	2 units	4 units	6 units
151 – 200	4 units	8 units	10 units
201 – 250	6 units	10 units	12 units
251 – 300	8 units	12 units	15 units
301 – 350	10 units	14 units	18 units
>350	12 units (call physician)	16 units (call physician)	20 units (call physician)